



2025 B & Under Champs

Date: July 19-20th

- Location: Michael D. Holland Natatorium (Magnolia High School Campus) 14350 FM 1488, Magnolia, TX 77354

Session and Shirt:	Arrive at Pool:	Warm up Starts:	Meet Starts:
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• Saturday AM Lane 5 • A team shirt 25 min	7:40 am	7:55-8:20 am	9:00 am
• Sunday AM	7:15 am	7:30-7:55	9:00 am
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Athlete and Family Notes:

- Parking for all parents, swimmers, officials and visiting coaches will be located across the street from the natatorium in the high school parking lot. Please follow signs for meet parking. No parking, loading or unloading along the street (Bulldog Blvd) between the pool and the high school. No parking in bus lot (just past natatorium on left). Please plan for outdoor set up around natatorium (in areas not blocking walkway).
- **SET-UP AREA: Weather permitting, please plan for outdoor setup around natatorium on Saturday and Sunday (in areas not blocking walkway in to natatorium). There is plenty of room outside to set up chairs, tents, etc.**
- Section 1 of the spectator stands is reserved for come-and-go viewing ONLY. This area will be roped off prior to start of the meet and opened 10 minutes prior to session start. Parents should watch their swimmer race and then return to their seating area or outside to allow others to see their swimmers. Please be courteous to other parents, and not try to stay an extended time in this viewing section, so all parents can watch their swimmer's race.
- No standing allowed at the railing in front of the spectator stands at any time.
- For safety reasons, no dripping wet swimmers in spectator stands.
- Concessions will be sold at the meet. Cash or credit card accepted
- This meet will be run utilizing flyover start procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the flyover start procedure.
- **Limited set up in the stands for parents and swimmers. We also have some additional bleachers on deck available only to swimmers.**



- Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE, keyword "MAC Hosted."
- **IMPORTANT- long term set up is outdoors. I highly recommend bringing popup tents to stay in the shade. Bring chairs or something comfortable to sit on. Hydration is going to need to be a priority as well as healthy snacks (no sugar). If you have battery operated fans, bring them.**
- Please help the coaching staff by making sure that your athlete is warming up and warming down properly. This is a major part of our sport that many athletes disregard as not important.

We are looking forward to seeing you poolside.

Let's go Power for Life!!!!

Take care,

Power for Life Coaching Staff