

Individual Meet Entries Report

2026 LSST January Frosty Meet 17-Jan-26 to 18-Jan-26 Yards

Location: CF ISD Natatorium

Power for Life [PFL-GU]

22526 Cove Hollow Drive

Katy, TX 77450

832-454-7946

coachsharon@poweraquatics.org

WOMEN

Micah Boldt (11)		# 41A Women 11-12 200 Free	2:32.79Y
# 1 Women 11-12 50 Back	49.29Y	# 43A Women 11-12 100 Fly	NT
# 5A Women 11-12 100 Free	1:32.90Y	# 45A Women 11-12 50 Free	NT
# 9A Women 11-12 100 Breast	2:10.47Y	Hira Gokdag (11)	
# 37 Women 11-12 50 Breast	1:06.01Y	# 1 Women 11-12 50 Back	42.09Y
# 45A Women 11-12 50 Free	39.63Y	# 5A Women 11-12 100 Free	1:15.55Y
# 49A Women 11-12 100 Back	1:40.65Y	# 13 Women 11-12 50 Fly	45.18Y
Elizabeth Chilek (8)		# 37 Women 11-12 50 Breast	45.01Y
# 17C Women 8-8 50 Back	53.71Y	# 41A Women 11-12 200 Free	3:00.27Y
# 27C Women 8-8 100 Free	1:54.23Y	# 49A Women 11-12 100 Back	1:32.04Y
# 29C Women 8-8 25 Breast	27.25Y	Emma Han (16)	
Elizabeth Choi (13)		# 5C Women 15 & Over 100 Free	1:20.84Y
# 3B Women 13-14 200 IM	2:51.51Y	# 9C Women 15 & Over 100 Breast	1:46.83Y
# 5B Women 13-14 100 Free	1:10.78Y	# 11C Women 15 & Over 200 Back	NT
# 15B Women 13-14 500 Free	NT	# 43C Women 15 & Over 100 Fly	NT
# 41B Women 13-14 200 Free	2:30.61Y	# 45C Women 15 & Over 50 Free	38.94Y
# 45B Women 13-14 50 Free	30.92Y	# 49C Women 15 & Over 100 Back	1:44.01Y
# 49B Women 13-14 100 Back	1:11.71Y	Haley Ho (11)	
Makayla Cruz (11)		# 1 Women 11-12 50 Back	50.08Y
# 3A Women 11-12 200 IM	NT	# 3A Women 11-12 200 IM	NT
# 9A Women 11-12 100 Breast	1:48.02Y	# 9A Women 11-12 100 Breast	1:27.77Y
# 13 Women 11-12 50 Fly	46.49Y	# 43A Women 11-12 100 Fly	NT
Mytam Dang (9)		# 45A Women 11-12 50 Free	36.16Y
# 23D Women 9-10 100 Breast	NT	# 49A Women 11-12 100 Back	1:28.74Y
# 27D Women 9-10 100 Free	NT	Joelle Ikugbagbe (11)	
# 33D Women 9-10 50 Fly	NT	# 5A Women 11-12 100 Free	2:10.02Y
Elizabeth Dille (8)		# 9A Women 11-12 100 Breast	2:04.49Y
# 17C Women 8-8 50 Back	44.17Y	# 13 Women 11-12 50 Fly	59.65Y
# 27C Women 8-8 100 Free	1:34.78Y		
# 33C Women 8-8 50 Fly	55.26Y		
Ella Dille (12)			
# 1 Women 11-12 50 Back	39.44Y		
# 3A Women 11-12 200 IM	3:04.99Y		
# 13 Women 11-12 50 Fly	37.21Y		

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Sophia Laver (13)			# 43A	Women 11-12 100 Fly	1:39.40Y
# 5B	Women 13-14 100 Free	1:13.58Y	# 45A	Women 11-12 50 Free	32.14Y
# 9B	Women 13-14 100 Breast	1:35.03Y	# 49A	Women 11-12 100 Back	1:40.68Y
# 11B	Women 13-14 200 Back	NT	Isabelle Simons (12)		
# 43B	Women 13-14 100 Fly	1:31.83Y	# 1	Women 11-12 50 Back	37.78Y
# 45B	Women 13-14 50 Free	34.57Y	# 3A	Women 11-12 200 IM	3:27.78Y
# 49B	Women 13-14 100 Back	1:30.00Y	# 15A	Women 11-12 500 Free	NT
Rebecca Li (12)			# 37	Women 11-12 50 Breast	48.53Y
# 41A	Women 11-12 200 Free	2:54.83Y	# 41A	Women 11-12 200 Free	2:39.69Y
# 45A	Women 11-12 50 Free	NT	# 49A	Women 11-12 100 Back	1:22.77Y
# 47A	Women 11-12 200 Breast	3:18.90Y	Emerson Spoede (8)		
Katherine Mazaraki (12)			# 17C	Women 8-8 50 Back	53.46Y
# 1	Women 11-12 50 Back	NT	# 27C	Women 8-8 100 Free	1:51.28Y
# 5A	Women 11-12 100 Free	NT	# 29C	Women 8-8 25 Breast	31.98Y
# 9A	Women 11-12 100 Breast	NT	Chandler Stevenson (11)		
# 41A	Women 11-12 200 Free	NT	# 37	Women 11-12 50 Breast	50.36Y
# 45A	Women 11-12 50 Free	37.32Y	# 41A	Women 11-12 200 Free	NT
# 51	Women 11-12 100 IM	NT	# 49A	Women 11-12 100 Back	NT
Luana Milne (11)					
# 3A	Women 11-12 200 IM	3:06.86Y			
# 5A	Women 11-12 100 Free	1:10.71Y			
# 13	Women 11-12 50 Fly	36.71Y			
Sofia Olego (9)					
# 17D	Women 9-10 50 Back	47.27Y			
# 23D	Women 9-10 100 Breast	2:04.56Y			
# 27D	Women 9-10 100 Free	1:33.63Y			
# 55D	Women 9-10 50 Breast	55.98Y			
# 63D	Women 9-10 50 Free	49.01Y			
# 71D	Women 9-10 100 IM	1:47.98Y			
Lorelei Rivas (9)					
# 17D	Women 9-10 50 Back	NT			
# 23D	Women 9-10 100 Breast	2:00.33Y			
# 27D	Women 9-10 100 Free	1:46.04Y			
Grace Rohde (12)					
# 1	Women 11-12 50 Back	47.10Y			
# 9A	Women 11-12 100 Breast	1:55.94Y			
# 15A	Women 11-12 500 Free	NT			

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MEN

Stratton Arnold (15)			# 70D	Men 9-10 100 Back	1:40.26Y
# 6B	Men 15 & Over 100 Free	1:00.03Y	# 72D	Men 9-10 100 IM	1:38.67Y
# 10B	Men 15 & Over 100 Breast	1:16.17Y	Austin Lin (12)		
# 12B	Men 15 & Over 200 Back	2:36.09Y	# 58E	Men 11-12 200 Free	2:24.62Y
# 42B	Men 15 & Over 200 Free	2:15.52Y	# 68	Men 11-12 200 Breast	NT
# 44B	Men 15 & Over 100 Fly	1:17.09Y	# 70E	Men 11-12 100 Back	1:15.39Y
# 46B	Men 15 & Over 50 Free	27.39Y	Logan Loc (11)		
Charlie Baird (14)			# 18E	Men 11-12 50 Back	38.31Y
# 4A	Men 13-14 200 IM	NT	# 24E	Men 11-12 100 Breast	1:37.33Y
# 6A	Men 13-14 100 Free	NT	# 36B	Men 11-12 500 Free	NT
# 16A	Men 13-14 500 Free	NT	Flynn Michielsen (10)		
# 42A	Men 13-14 200 Free	NT	# 18D	Men 9-10 50 Back	43.55Y
# 44A	Men 13-14 100 Fly	NT	# 20D	Men 9-10 200 IM	NT
# 50A	Men 13-14 100 Back	NT	# 24D	Men 9-10 100 Breast	1:49.58Y
Luke Bruno (17)			# 34D	Men 9-10 50 Fly	NT
# 6B	Men 15 & Over 100 Free	49.91Y	# 58D	Men 9-10 200 Free	3:13.88Y
# 10B	Men 15 & Over 100 Breast	1:04.51Y	# 64D	Men 9-10 50 Free	43.63Y
# 16B	Men 15 & Over 500 Free	5:08.36Y	# 70D	Men 9-10 100 Back	1:40.00Y
# 44B	Men 15 & Over 100 Fly	53.94Y	Otto Olivares (12)		
# 48B	Men 15 & Over 200 Breast	2:14.36Y	# 20E	Men 11-12 200 IM	NT
# 50B	Men 15 & Over 100 Back	59.84Y	# 24E	Men 11-12 100 Breast	NT
Boyer Cheadle (16)			# 34E	Men 11-12 50 Fly	NT
# 40B	Men 15 & Over 400 IM	4:44.74Y	Matthew Powell (12)		
# 46B	Men 15 & Over 50 Free	24.23Y	# 18E	Men 11-12 50 Back	33.12Y
Reed Cheadle (12)			# 24E	Men 11-12 100 Breast	1:17.33Y
# 20E	Men 11-12 200 IM	2:56.41Y	# 32	Men 11-12 200 Back	NT
# 24E	Men 11-12 100 Breast	1:34.94Y	# 58E	Men 11-12 200 Free	2:21.29Y
# 34E	Men 11-12 50 Fly	41.08Y	# 68	Men 11-12 200 Breast	2:50.46Y
Liam Chiu (14)			# 72E	Men 11-12 100 IM	1:10.44Y
# 6A	Men 13-14 100 Free	1:13.97Y	Wade Raesner (8)		
# 10A	Men 13-14 100 Breast	1:23.41Y	# 56C	Men 8-8 50 Breast	59.92Y
# 12A	Men 13-14 200 Back	3:08.20Y	# 60C	Men 8-8 25 Back	NT
David Conde-Dobocan (9)			# 64C	Men 8-8 50 Free	40.03Y
# 18D	Men 9-10 50 Back	48.14Y			
# 28D	Men 9-10 100 Free	1:26.45Y			
# 34D	Men 9-10 50 Fly	48.74Y			
# 56D	Men 9-10 50 Breast	51.32Y			

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MEN

Mathias Rivera (15)

# 6B	Men 15 & Over 100 Free	57.67Y
# 12B	Men 15 & Over 200 Back	2:44.98Y
# 40B	Men 15 & Over 400 IM	NT
# 46B	Men 15 & Over 50 Free	28.22Y
# 48B	Men 15 & Over 200 Breast	3:51.30Y
# 50B	Men 15 & Over 100 Back	1:55.19Y

Grayson Ruppert (17)

# 40B	Men 15 & Over 400 IM	4:33.02Y
# 48B	Men 15 & Over 200 Breast	2:29.08Y

James Simpson (15)

# 6B	Men 15 & Over 100 Free	1:01.48Y
# 10B	Men 15 & Over 100 Breast	1:28.55Y
# 12B	Men 15 & Over 200 Back	3:04.39Y
# 42B	Men 15 & Over 200 Free	2:19.61Y
# 44B	Men 15 & Over 100 Fly	1:11.06Y
# 50B	Men 15 & Over 100 Back	1:13.89Y

Ikuto Takahashi (8)

# 56C	Men 8-8 50 Breast	54.72Y
# 60C	Men 8-8 25 Back	24.27Y
# 64C	Men 8-8 50 Free	43.46Y

Miles Tower (14)

# 4A	Men 13-14 200 IM	3:02.43Y
# 10A	Men 13-14 100 Breast	1:39.26Y
# 42A	Men 13-14 200 Free	2:31.48Y
# 46A	Men 13-14 50 Free	31.23Y
# 48A	Men 13-14 200 Breast	3:34.54Y

Erin Trichkovikj (14)

# 6A	Men 13-14 100 Free	56.73Y
# 12A	Men 13-14 200 Back	2:18.40Y
# 16A	Men 13-14 500 Free	5:37.40Y
# 42A	Men 13-14 200 Free	2:00.59Y
# 46A	Men 13-14 50 Free	24.72Y
# 50A	Men 13-14 100 Back	1:03.31Y

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Female IE's: 96

Male IE's: 85

Total IE's: 181

Total Athletes: 40