
Individual Meet Entries Report

2025 Gulf Long Course Summer Championships (T 25-Jul-25 to 27-Jul-25 LC Meters)

Sanction: GU-LC-25-XXX Location: <FILL IN>

Power for Life [PFL-GU]

22526 Cove Hollow Drive

Katy, TX 77450

832-454-7946

coachsharon@poweraquatics.org

WOMEN

Abigail Chambers (15)

# 3D	Women 15 & Over 200 IM	3:01.98L
# 5D	Women 15 & Over 100 Back	1:40.82L
# 11D	Women 15 & Over 100 Fly	1:24.56L
# 13D	Women 15 & Over 200 Free	2:48.89L
# 15D	Women 15 & Over 100 Breast	1:38.61L
# 33D	Women 15 & Over 100 Free	1:14.47L
# 35C	Women 15 & Over 200 Breast	3:29.98L

Ella Dille (11)

# 13B	Women 11-12 200 Free	NT
# 15B	Women 11-12 100 Breast	1:41.15Y
# 17B	Women 11-12 50 Free	NT

Emma Han (16)

# 15D	Women 15 & Over 100 Breast	2:00.05Y
# 17D	Women 15 & Over 50 Free	NT
# 33D	Women 15 & Over 100 Free	1:35.07Y
# 35C	Women 15 & Over 200 Breast	4:39.15L

Zoey Nguyen (9)

# 3A	Women 10 & Under 200 IM	NT
# 5A	Women 10 & Under 100 Back	1:43.97Y
# 13A	Women 10 & Under 200 Free	3:22.76Y
# 15A	Women 10 & Under 100 Breast	2:02.60L
# 29A	Women 10 & Under 50 Breast	59.48L
# 33A	Women 10 & Under 100 Free	1:35.22L

Individual Meet Entries Report

2025 Gulf Long Course Summer Championships (T 25-Jul-25 to 27-Jul-25 LC Meters
Power for Life [PFL-GU]

MEN

Montgomery Grayson (13)		
# 12C	Men 13-14 100 Fly	1:59.00L
# 14C	Men 13-14 200 Free	3:06.86L
# 16C	Men 13-14 100 Breast	2:01.53L
Seth Grayson (16)		
# 4D	Men 15 & Over 200 IM	3:19.23L
# 10D	Men 15 & Over 400 Free	5:47.12L
# 12D	Men 15 & Over 100 Fly	1:15.57L
# 18D	Men 15 & Over 50 Free	29.62L
# 32C	Men 15 & Over 200 Back	3:00.31L
# 34D	Men 15 & Over 100 Free	1:06.20L
Braeden Hoxworth (14)		
# 4C	Men 13-14 200 IM	NT
# 6C	Men 13-14 100 Back	1:21.64L
# 14C	Men 13-14 200 Free	2:39.73L
# 16C	Men 13-14 100 Breast	1:45.47L
# 18C	Men 13-14 50 Free	29.57L
Kevin Huang (14)		
# 12C	Men 13-14 100 Fly	1:26.17L
# 16C	Men 13-14 100 Breast	1:25.81L
# 18C	Men 13-14 50 Free	27.02Y

Individual Meet Entries Report

2025 Gulf Long Course Summer Championships (T 25-Jul-25 to 27-Jul-25 LC Meters
Power for Life [PFL-GU]

Female IE's:	20	
Male IE's:	17	
<hr/>		
Total IE's:	37	
Total Athletes:	8	