



**POWER  
FOR  
LIFE.**

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## COACH LAURA FREEMAN

Coach Laura is starting her second season as the Lightning 2 coach. She has been a part of Power for 12 seasons. She has been a parent, an official, the team manager, and now a coach. She loves getting to know the swimmers and watching them improve over the season. When she is not at the pool, she manages the Katy branch of Clothed By Faith and goes on hikes with her dog, Charlie.