



## **SPA Fall Invitational – Meet Announcement**

hosted by

**Sienna Premier Aquatics**

**A SHORT COURSE TIMED FINALS MEET**

**October 4-5, 2025**

**SANCTION #**

**ENTRIES DUE TO ADMIN OFFICIAL (Amy Schauss – [spameetentries@gmail.com](mailto:spameetentries@gmail.com))  
by 11:59 PM ON September 28, 2025**

**LOCATION:**

Club Sienna Pool  
9600 Scanlan Trace  
Missouri City, TX 77459

**COACHES:**

Adam Lyng – [spacoachadam@gmail.com](mailto:spacoachadam@gmail.com)

**MEET REFEREE:**

Tom O'Brien

**MEET DIRECTOR:**

Jeremy Joiner

**SAFETY MARSHAL:**

Grace Sobczak, Tiffany Kieselhorst

**ADMIN OFFICIAL:**

Amy Schauss

**POOL:**

One eight (8) lane, 25-yard outdoor pool with non-turbulent lane lines will be used for competition.

**TIME AND DATE:**

This is a two (4) session, two (2) day timed finals meet. Each session will begin no less than one hour after the start of warm-up.

**Saturday, October 4, 2025**

**\*Session 1: 13 & Over**

Warm-up 7:00-8:20 am. Meet start 8:30 am

**Saturday, October 4, 2025**

**\*Session 2: 12 & Under**

Warm-up 10 minutes after the end of the morning session. Meet start 1 hour after the start of warm-up.

**Sunday, October 5, 2025**

**\*Session 3: 13 & Over**

Warm-up 7:30-8:20 am. Meet start 8:30 am

#### **\*Session 4: 12 & Under**

Warm-up 10 minutes after the end of the morning session. Meet start 1 hour after the start of warm-up.

\*Warm up lanes will be assigned to each team during this session. Host team will publish the warm-up times and lane assignments by 6:00 pm on Tuesday, September 30, 2025.

#### **MEET TYPE:**

This meet will be a deck seeded timed final meet. Coaches will be given an entry list at the start of warm-up and must “circle in” all swimmers for all events at least 45 minutes prior to the start of the session. All events will be swum fastest to slowest. In case of bad weather, the meet will be suspended.

#### **SAFETY GUIDELINES & WARM-UP PROCEDURES:**

See attached Safety Guidelines and Warm-up procedures

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., Gulf Swimming, and Sienna Premier Aquatics cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease.

Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

#### **USA/GULF SWIMMING/SPA:**

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Sienna Premier Aquatics has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while on the property. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at SPA, you voluntarily assume all risks related to exposure to COVID-19.

Each team participating in the meet will abide by their team's COVID-19 Preparedness Plans for their facility, including entry/exit procedures into the facility. However, the following items are required for teams to participate in the meet:

**COVID-19  
PROCEDURES:**

1. Only coaches, officials, swimmers, and volunteers in the current session are allowed on the pool deck during the meet. USA Swimming Safe Sport Best Practice Guidelines state that parents should be encouraged to appropriately support their child (ren)'s swimming experience and that all swimming meets should be open to observation by parents.
2. Officials, coaches, volunteers, and swimmers must maintain current social distancing guidelines throughout the meet.

**SEEDING:**

This meet will be deck seeded for all events. Coaches will be given an entry report at the start of warm-up and must complete circle in for their athletes 45 minutes prior to the start of the session. All events will be seeded with heats in the order of fastest to slowest.

**ON-DECK ENTRIES:**

On Deck Entries will not be accepted. For late entries, please contact the entry chair.

**ENTRY INFORMATION:**

Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

<b>QUALIFYING TIMES:</b>	None
<b>TIMES ELIGIBILITY:</b>	None
<b>AGE:</b>	Age as of October 4, 2025
<b>NUMBER OF EVENTS:</b>	Swimmers may enter a maximum of eight (8) individual events, no more than four (4) per session.
<b>ENTRIES:</b>	Entries must be submitted by Hy-Tek Meet Manager/Team Manager software.
<b>DEADLINE:</b>	Entries must be received by 11:59 pm, Sunday, September 28, 2025 Admin Official: Amy Schauss – <a href="mailto:spameetentries@gmail.com">spameetentries@gmail.com</a>
<b>ELIGIBLE TEAMS:</b>	Swimmers who are registered with USAS and in good standing with their team may compete in this meet.
	\$8.00 Per individual event \$10.00 Per swimmer surcharge (includes online Heat Sheets)
<b>ENTRY FEES:</b>	Entry fees payable to:  Sienna Premier Aquatics 6140 Hwy 6 #181 Missouri City, TX 77459
<b>DISTANCE EVENTS:</b>	On Sunday morning, swimmers in the 1000 Free must provide their own timers and lap counters. For the 500 Free, swimmers must provide their own lap counters. The meet host reserves the right to limit the entry into distance events should the timelines require. Minimum swimmer counts will be 32 entries into the 1000 and 500 Free. Distance events will alternate Girls' / Boys' heats.
<b>AWARDS:</b>	There will be no awards given.
<b>SCORING:</b>	There will be no scoring.

**RULES AND  
SANCTIONS:**

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted.

*In applying for this sanctioned event, the Host, SPA Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Gulf Swimming, the State of Texas, and Fort Bend County Public Health Department*

**POOL  
MEASUREMENT:**

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2C(4). The course will be measured prior to the start of competition to insure it is of proper length.

The water depth of the competition course is 12-16 feet measured from 1 meter to 5 meters on the starting end of the course, and 5-6 feet measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:**

A Colorado electronic timing system will be used. Two watches per lane will be used as a back-up. All teams will provide lane timers and timing assignments will be posted on Tuesday, September 30, 2025.

**POOL DECK  
RESTRICTION:**

The area immediately around the competition pool will be closed to spectators. Spectators will be allowed in other areas of the deck and on the Club Sienna Patio. There will be limited adult volunteers that will be necessary to run the competition.

Coaches and Officials and meet personnel must present their deck pass to be admitted to the event.

**DECK CHANGING  
PROHIBITION:**

Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit.”

**AUDIO/VIDEO  
RECORDING  
DEVICES:**

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**MAAPP:**

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**DRONES:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**MEDICAL  
SUPERVISION:**

During the meet lifeguards and AED devices will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

**SWIMMERS WITH  
DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**HOSPITALITY:**

Hospitality will be available for coaches and officials.

**CONCESSIONS:**

Concessions will be available as this meet.

**MERCHANDISE:**

There will be no merchandise vendor at this meet.

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## Entry Rules

Type of Meet	Timed Finals
Max # of individual events per day	Four (4)
Swimmers eligible	USAS Registered
Entry times in	SCY/SCM/LCM
Qualifying Times:	None
Cut-off times:	None
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	No
Enter with no time?	Yes
Fees:	
Individual	\$8.00
Swimmer Surcharge	\$10.00



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Saturday, October 4, 2025		
Session 1 Events - Warm-up 7:00 - 8:20 am - Meet start 8:30 am		
Girls Event #	Event Description	Boys Event #
1	13 & Over 100 Butterfly	2
3	13 & Over 50 Backstroke	4
5	13 & Over 100 Breaststroke	6
7	13 & Over 100 Freestyle	8
9	13 & Over 200 IM	10
11	13 & Over 500 Freestyle	12
Session 2 Events		
Warm-up 10 minutes morning session ends - Meet starts 1 hour after start of warm-up		
13	12 & Under 100 Butterfly	14
15	12 & Under 50 Backstroke	16
17	12 & Under 100 Breaststroke	18
19	12 & Under 100 Freestyle	20
21	12 & Under 100 IM	22
23	12 & Under 500 Freestyle	24
Sunday, October 5, 2025		
Session 3 Events - Warm-up 7:00 - 8:20 am - Meet start 8:30 am		
25	13 & Over 200 Freestyle	26
27	13 & Over 50 Butterfly	28
29	13 & Over 100 Backstroke	30
31	13 & Over 50 Breaststroke	32
33	13 & Over 50 Freestyle	34
35	11 & Over 1000 Freestyle	36
Session 4 Events		
Warm-up 10 minutes morning session ends - Meet starts 1 hour after start of warm-up		
37	12 & Under 200 Freestyle	38
39	12 & Under 50 Butterfly	40
41	12 & Under 100 Backstroke	42
43	12 & Under 50 Breaststroke	44
45	12 & Under 50 Freestyle	46

## WARM-UP PROCEDURES

- A. Each team will be assigned lanes for warm-up and any warm-down sessions. Coaches must supervise all warm-up and warm-down sessions. Each team is responsible for proper social distancing during their warm-up and warm-down sessions.
- B. Coaches may utilize the starting blocks in their assigned lanes at any time during their warm-up sessions as long as that activity is supervised by the coach.

## SAFETY GUIDELINES

### A. Swimmers Responsibilities

1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal, or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.

### B. Coaches Responsibilities

1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
3. Coaches shall actively supervise their swimmers throughout the warm-up session.
4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.

### C. Safety Marshals

1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**

### D. Miscellaneous

1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroke is waiting to start.
3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
6. All diving boards and equipment are **OFF LIMITS**.

### E. Pool Rules

1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
2. Glass containers are prohibited.
3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



